

THE CREATION OF THE BODY OF LIGHT IN THE TOLTEQUITY OF MESOAMERICA

To achieve the creation of the body of light, Toltequity explains that an alchemical transmutation process must be carried out with the energy found at the base of the spine. With various psychophysical practices, such as stable postures (semka) and moving postures (molinini), hand signs (machiomana), dance (mitotl), martial art (yayaotl), respiratory practices (I' mati) to manipulate the prana (tleyotl) and, mainly, with the sexual acts (yontlapalli) destined to fuse the masculine and feminine energies (sexual fluids), the “burned water” (atlachinolli) is produced “in the glass of the eagle” (kuau'shikalli) found at the base of the trunk. That is, the activated energy or internal fire that, when generated, rises as steam through the body and awakens the seven psychic centers or cuecuyos (kolotl=scorpion, iwitl=down, pantli=flag, shochitl=flower, topilli=cane, chalchiwitl=precious stone, and tekpatl=flint knife) from the base of the trunk to the top of the crown to create “the feather”: the luminous appendage that ultimately completes the creation of the body of light and causes, not only the awakening of consciousness and spirituality but, finally, the consciousness of oneness with the Absolute.

