

## THE CREATION OF THE BODY OF LIGHT (THE TEN SEFIROT OF THE TREE OF LIFE)

The ten sefirot and their relation to the creation of the body of light and the awakening of spiritual awareness:

The Divine Will manifested its creative energy through ten different fields of emanation known as the ten sefirot. The study, meditation and visualization of the thought-forms of the ten sefirot manifest the archetypal Adam Kadmon, converting the spiritual pilgrim into one of the Lords of Light who have evolved beyond the bodily form as man knows it.

The ten sefirot of the Kabbalistic Tree of Life that unify the earthly evolution towards the spiritual planes are: malkuth (kingdom), yesod (foundation), Chod (splendor), netzach (victory), tiphereth (beauty), geburah (judgment), chesed (mercy), binah (understanding), chockmah (wisdom) and kether (crown).

