

THE AWAKENING OF SPIRITUAL AWARENESS IN THE TOLTEQUITY OF MESOAMERICA

Nikan axkan are the nahuatl words that describe the awakening of the spiritual conscience. Nikan means "here" and axkan means "now": here and now. The word, nikan, is used to refer to the place where the person that is speaking is located, while axkan expresses the present moment that the person is talking about. This implies that the "here and now" belongs to the person that is talking. Nikan axkan, refers then to the time and space of each person, it is the self-awareness of each person's reality, of his own being or himself, of his general environment and of each moment of his becoming. In this context, the evolution of the human being can be defined as the continuous expansion of consciousness (realization) in the here and now of every human being.

From the point of view mentioned, both the ordinary human being and children in general are considered "children" who are only determined by the collective, from the outside. In order to reach the "adult" state, it is necessary to progressively and broadly develop awareness in the nikan axkan, in the here and now. Only human beings who achieve the above can be called "adults" and influence the collective, outside. That is why, in order to achieve a true change in humanity, it is necessary that in a given generation, many "adults" emerge who propel it.

Evidently the human being is individual and species: what a person does, whether mentally, verbally or corporally, affects the community and, in the same way, what the community does, whether mentally, verbally or corporally, affects the person. This is why when a person awakens and becomes aware of their own being or self, of the being of others, and of the prevailing reality in the here and now, he inevitably contributes to others to receive this same awareness, and vice versa: when others awaken and become aware of their own being or self, of the being of others, and of the prevailing reality in the here and now, this inevitably influences every individual in the community. And it is only by this means, by the Awakening of Consciousness in the here and now, both in each individual, as in the collectivity in general, that a true change can take place in humanity as a whole.

Apart from the sustained practice of nikan axkan, Toltequity also proposes the practice of meditation (teomania), which leads to the state of perfect mental silence (amomati) or interior emptiness that ultimately leads to the conscious union of the human being with the Divinity or full Ketsalkoatl Consciousness.